## What does the IPMBA Instructor Course cover?

### **SKILL STATIONS**

- Basic Maintenance & Safety Procedures
- Conducting a Police/Security/EMS Scenario
- Constructing the Cone Course
- Teaching Basic Bike-Handling Skills
- Diagnosing and Correcting Rider Error
- Teaching Vehicular Cycling Skills
- Conducting a Night Ride

#### **LECTURES**

- IPMBA Basic Cyclist Course Theory: course history and philosophy
- Theories of Instruction and Adult Learning: what they are and how to apply them to training public safety cyclists
- **The Delivery:** how to make a professional and effective presentation
- Instructional Aids and the Classroom
  Environment: how to use them to enhance the learning experience
- Firearms Training for Bike Officers: how to include firearms and other specialized training
- EMS Load Placement and Scene Safety: how to select and load equipment and maintain a safe scene
- IPMBA Basic Course Planning and Safety: policies and safety guidelines to prevent injuries, reduce liability, and ensure success through proper planning
- Responsibilities of an IPMBA Instructor: administrative and personal responsibilities to students, bike unit, and community
- Tour de ITK: a guided tour through the IPMBA Instructor ToolKit CD-ROM

### What are the pre-requisites?

- Complete the IPMBA Police, EMS, or Security Cyclist Course taught by an active IPMBA Instructor.
- Score a minimum of 90% on the written test.
- Demonstrate superior bike-handling skills.
- Be an active, certified IPMBA member in good standing.
- Be an active public safety cyclist on a full- or parttime basis
- Possess a minimum of one year full-time or two years part-time experience on bike duty.
- Be a licensed law enforcement officer, active EMS provider, or active security officer.
- Be able to demonstrate extensive knowledge of the *Complete Guide to Public Safety Cycling*.
- Obtain the endorsement of the certifying IPMBA Instructor or other active IPMBA Instructor (recommended for IPMBA-trained; required for non-IPMBA-trained candidates).
- Obtain the endorsement and support from the department.
- Submit the IPMBA Instructor Application.

### How do I apply?

Contact the IPMBA office or visit the training page at www.ipmba.org for an application, fill it out, and submit it with the necessary documentation and fees. The IPMBA Education Committee reviews each application and notifies each applicant of its decision. If you have any questions about the application process, call 410-744-2400 or email info@ipmba.org.



# **IPMBA**

## INSTRUCTOR COURSE

### **International Police Mountain Bike Association**

583 Frederick Road, Suite 5B ~ Baltimore MD 21228 Phone: 410-744-2400 ~ Fax: 410-744-5504 info@ipmba.org ~ www.ipmba.org



## What is the IPMBA Instructor Course?

he IPMBA Instructor Course is a five (5) day, 44-hour course designed to train and certify qualified persons as IPMBA Police Cyclist, Emergency Medical Service (EMS) Cyclist, and Security Cyclist Instructors. It is an intense course that will increase your confidence, reinforce your understanding of the basic principles of public safety cycling, improve your bike-handling skills, and prepare you to communicate that knowledge to others. Teaching methods



include in-class presentations, on-bike drills, practice teaches, and peer and self-critiques. You will learn to identify and correct improper technique; how to assist students overcome individual difficulties; and how to incorporate various methods of instruction into the *Police, EMS, and Security Cyclist* Courses. Instructor certification is

contingent upon satisfactory results of written and on-bike tests, as well as evaluated presentations.

# What distinguishes the IPMBA Instructor Course from other Instructor Development Courses?

lthough it addresses topics typical in instructor development courses, the IPMBA Instructor Course is unique in that its focus is on developing the skills needed to teach bicycle-specific topics. Students learn to set up cone courses and perform the various drills used in the basic IPMBA courses. They learn to properly evaluate bike-handling skills and teach them to others. They are required to successfully perform each of the on-bike maneuvers outlined in The Complete Guide to Public Safety Cycling and demonstrate the proper method of teaching those skills. No other training in the country teaches students how to break down basic bicycling skills for instruction. And no other training focuses on how to teach the techniques pertinent to operating a bicycle in public safety service. This is the crucial element that separates the IPMBA Instructor Course from any other instructor development course. In course evaluations, many students have said that the IPMBA Instructor Course is the

best, most challenging, and most rewarding course they

have ever attended.



### Why take the IPMBA Instructor Course?

t will take your on-bike and classroom instruction skills to a new level of proficiency. It is also mandatory for all prospective instructors and current instructor candidates who wish to become certified *IPMBA Instructors*. The primary goal of the course is to produce highly-qualified instructors who possess in-depth knowledge and outstanding skills as well as the ability to provide

as the ability to provide expert instruction to riders of all levels of experience. Another, equally important, goal is to ensure standardization of instruction. Both of these goals support the ultimate objective of training public safety



cyclists to operate safely and effectively under a wide range of conditions and in every type of situation.

Scan this code for upcoming classes.

