



IPMBA BICYCLE RAPID RESPONSE TRAINING

Mandatory Equipment & Materials Checklist

DUTY BIKE

- Reputable manufacturer duty bike in good working order
- Rear mount kick stand
- Headlight (*42 lumens measured at 10 ft.*)
- Steady or flashing rear light
- Pedal retention devices (*toe clips or clipless pedals*)
- Two (2) water bottle cages
- Two (2) large water bottles
- Personal hydration system (*recommended*)
- Rear rack
- Duty tires
- Rear derailleur guard

TOOLS

- Patch kit
- Tire levers
- Chain tool
- Compact tire pump or CO2 tire inflators
- Two spare tubes
- 4, 6, 8, 9, 10 mm allen wrenches

UNIFORM

- Duty bike uniform
- Shirt
- Pants
- Shorts
- Jacket
- Shoes

FOUL WEATHER GEAR

- Rain jacket
- Rain pants
- Waterproof socks

FULL EQUIPMENT BELT

- Duty weapon (*optional; no live fire exercises*)
- Magazines
- Baton
- Handcuffs
- Cuff key
- Flashlight
- Keepers

SAFETY EQUIPMENT

- Eye protection (*wraparound, clear and tinted*)
- Bicycle helmet (*CSPC-approved*)
- Body armor
- Padded cycling gloves
- Bug spray
- Sunscreen skin protection

SPECIAL EQUIPMENT

- Riot helmet & faceshield
- Gas mask with extra filters if required
- Gas mask carry bag

DOCUMENTS

- Physical Activity Readiness Questionnaire (PAR-Q) (*required*) & medical clearance form (*if indicated by PAR-Q*)
- IPMBA-issued Police Cyclist Certificate or equivalent (*minimum 32 hours*).