



## IPMBA PUBLIC SAFETY CYCLIST II COURSE

### Required Equipment & Materials Checklist

#### DUTY BICYCLE

- Reputable manufacturer mountain bike in good working order, properly fitted
- Street/combination tires (*size 26 x 1.5 - 26 x 2.1; no knobbies*)
- Pedal retention devices (*BMX-style platform pedals are not acceptable*)
- At least one water bottle cage & bottle
- Hydration delivery system (*recommended*)
- Headlight (*42 lumens measured at 10 ft.*)
- L.E.D. steady or flashing red taillight
- Rear mount kick stand
- Rear rack with full size rack bag
- Panniers (*EMS Only*)
- Off-road tires (*recommended; this class will ride off-road*)

#### TOOLS

- Patch kit
- Tire levers
- Two spare tubes
- Compact tire pump or CO2
- Headset wrench
- Brake wrench
- Chain tool
- Cassette remover
- Adjustable wrenches
- Pedal wrench
- Set of metric box-end wrenches, 5-17mm
- Chain lube
- Work stand

#### RANGE EQUIPMENT (*police & armed security*)

- Duty weapon
- 200 rounds
- Foam ear protection

#### SAFETY EQUIPMENT

- Eye protection (*wraparound, clear and tinted*)
- Bicycle helmet (*ANSI, Snell, or CPSC-approved*)
- Padded cycling gloves
- Body armor protective vest (*if worn on duty; required for range exercises*)

#### ATTIRE

- Full duty uniform (*worn daily*)
  - Shirt
  - Shorts/Pants
  - Padded cycling shorts (*recommended*)
  - Shoes
- Foul weather gear (*jacket, pants*)
- Off-road cycling clothes

#### DUTY EQUIPMENT (*police & security*)

- Firearm (*police and armed security*)
- Magazine
- Baton
- Handcuffs
- Cuff key
- Keepers
- Flashlight

#### OTHER

- Pencil/Pen
- Notebook
- Sunscreen skin protection
- Bug spray
- Physical Activity Readiness Questionnaire (PAR-Q) (*required*) and medical clearance sheet (*if indicated by the PAR-Q*)
- IPMBA waiver (*to be signed on-site*)
- Letter authorizing participation in live fire exercises (*police and armed security only*)